

Newsletter

TERM 1 WEEK 2, 7th February 2018



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WELCOME BACK 2018

Picton Public School

2018 Student Leadership Team



Back Row: Vice Captains: Charlotte Jenks, Ryan Graban
Captains: Indiana Jackson, Edward Roworth
Vice Captains: Liam Ryan, Loren Adamson

Student Leaders: Ryan Stockheim, Liam Gechevski, Owen Hanthorn, Caitlyn Halse, Eve Jones, Zoe Howard, Mia Farrell and Lilly Kaya

Congratulations to all of our Student Leadership team. I look forward to working with you in 2018 as you take on a very important role within our school. You are outstanding role models for our school and an excellent team!

Lyn Fraser

Sports House Captains 2018

Congratulations also to our House Captains and your new leadership role in our school! Our students also look up to you in your important position.

Sport House Captains for 2018:

Hume - Jake Cotton and Tyle-May Farmer

Oxley - Harry Haeusler and Jasmine Stone

Sturt - Riley Farrell and Chloe Whyte

Mitchell - Amethyst Pakoti and Chelsea Read



Term 1

Week 2

Thursday 8th February
- Kindergarten Best Start Program.

Week 3

Monday 12th February
- Razorback boys and girls Basketball trials
Tuesday 13th February
- RDA
- Better Buddies Launch
- **P & C AGM 7PM and P & C Ordinary Meeting immediately follows**
Thursday 15th February
- Primary Swimming Carnival

Week 4

Wednesday 21 February
- Razorback Boys Soccer trials
Thursday 22 February
- Razorback AFL Trials

Week 5

Monday 26 February
- Razorback 11 Years Rugby League Trials
Tuesday 27 February
- RDA
- Razorback Girls Soccer Trials
Wednesday 28 February
- Combined Assembly in the hall
Parents Welcome
Thursday 1 March
- Zone Swimming (Freestyle)
Friday 2 March
- Zone Swimming (Stroke)

Week 6

Monday 5 March
- Razorback Open Rugby League Trials
Friday 9 March
- Razorback Boys & Girls Hockey Trials

Week 7

Tuesday 13 March
- RDA
- SSW Swimming Carnival @ Campbelltown
- **P & C Meeting**

Term 1 Week 1 2018

Early Stage 1 and Stage 1 Awards

Kinder Red William Connor, Eloise Rutledge
 Kinder Yellow Lucy Merchant, Masen Rigby
 1 Pink Siena Nemorin, Jonas Little
 2 Green Gemma Read, Talon Garard
 2 Indigo Simaar Mourad, Ethan Rigby

HOME SCHOOL LIAISON OFFICER

(HSLO)

Please find in our newsletter information from our HSLO for parents about school attendance.

Welcome to our Kindergarten Students for 2018

Congratulations to Kinder on settling into school so well. We are very proud of you.

Lyn Fraser



Kinder Yellow—Mrs Monds



Kinder Red—Ms O'Hara

2018 School Contribution

Our School Contribution to support our resources will remain the same as for the last few years, \$43 for 1 student, \$65 for a family. We appreciate your support.

2018 School Contribution Please return to the Magpie Box (on admin verandah)

Student Name _____ Class _____

Annual School Contribution \$43.00 – 1 student at school \$65.00 – family

VISA / MASTERCARD (Please circle)

Name on card: _____ Amount: \$ _____

Number on card: _____ / _____ / _____ / _____ CCV: _____

Expiry Date: _____ Signature: _____

THANK YOU!~☺

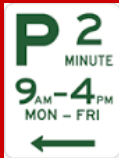
UNIFORM SHOP

Tuesday

9.00–10.00am

If you are unable to attend during the opening hours, please leave your form in the office to be filled on the next opening day.

Volunteers are needed for the uniform shop if you can please help could you contact the school office or Melissa Whishaw.



Reminder 2 Minute Drop off Zones around our school!



School Banking has started. Please have your banking at the School Office by Tuesday of each week. Thank you to Beverly Roams our wonderful School Banking Volunteer. Beverly does a great job! 😊



Principal's Pen

Welcome to 2018

We have had a great beginning to our new year and I would like to congratulate our students on their excellent start. This year we have 14 mainstream classes and 3 support classes. The students are to be congratulated on their wonderful behaviour on Monday of last week. They came into the hall with a very sensible and positive manner and organised themselves very, very quickly. I would also like to congratulate parents on preparing your children to return to school so well. Our students from Kindergarten right through to Year 6 have come to school so settled, so positive and so keen to be back at school. Their enthusiasm for their learning when I have visited each class across the school has been so pleasing! I am so proud of our students with their excellent start to the year. Teachers have also been very pleased with the way students have commenced their new routines for the new year and have commended their students as well. Kindergarten have settled in so beautifully, we had a wonderful time with parents and grandparents on Wednesday morning of Week 1 and it was lovely to see such a big gathering in attendance. Our Kindergarten students moved into their classrooms without any fuss and are so focused and attentive. At this week's whole school assembly our Kinder students once again were shining at the front of the hall. Congratulations to our Kindergarten parents as well and our students! You also have prepared your children so well for school.

Year 6 I also have to mention! It has been a pleasure being in their classrooms and seeing their excitement as learners and being excellent leaders for the rest of the school.

Congratulations 6 Turquoise, the class explained their learning very well indeed!

School Development Day

Staff had a very busy School Development Day. We focussed on our mandatory Department of Education policies, such as Child Protection, the Code of Conduct, Complaints Procedures and Bullying and Respect in the workplace. I would like to extend a thank you to members of the Executive Team: Mrs Beard, Ms Howard and Mr Harvey for their leadership in these areas. I would also like to thank Mrs Boyd for her leadership of the remaining part of the day which was on curriculum and also both to Mrs Menz and Ms Lang for their support of this part of the day as well. Primary staff were also organising the Swimming Carnival which will be occurring next week. Thank you also to staff for our excellent beginning to the year, for all their work in classrooms and on the school development day, well done! You are to be congratulated!

New Families

We also have a number of new families to our school and we would like to welcome new parents,

grandparents and students to our school and we look forward to getting to know you. We hope that your children have settled in well for the first week at school and are enjoying being at Picton Public School.

P & C AGM at 7.00pm: Tuesday 13th February

Our AGM and first P & C Meeting will occur on Tuesday evening the 13th February. The P & C Annual General Meeting will be held at 7.00pm with the election of the 2018 Executive Team. This will be followed immediately by the normal P & C Meeting. This may be earlier than the usual 7.30pm. Our meetings are held in Week 3 and Week 7 of each term except there is no meeting in Week 7 in Term 4. It is held in the staff room which is at the back of the Admin Building and entry is via the gate in View Street. We start with our AGM half an hour earlier than our normal P & C Meeting. I would like to extend a warm welcome to all of our parents particularly any new Kindergarten parents and new families to our school. Please come along, join the P & C who play a very important role in our school not just with fundraising but also with decision making as well. I look forward to catching up with you at our meeting next week. Please note that there is a nomination form included in this week's newsletter and it is also available on our website. Please return to the office or magpie box.

Stage Notes

Stage Notes were sent home last week to inform parents of the organisation for their child's year. Please read them carefully for important information for your child. If you have any questions please contact your child's classroom teacher or their stage leader. I hope that you had the opportunity to have a lovely break with your children and we look forward to a very exciting 2018.

New Staff for 2018

I would also like to welcome new permanent staff members to our school, Mrs Jenny Cummins who is on Year 2 and Mrs Amelia Hawker who is on Year 5. Both these teachers are very experienced teachers and bring with them a wealth of knowledge and expertise and it is wonderful to have them with us. I would like to also welcome additional temporary teachers for 2018 Mr Brendon Hartley, Mrs Tahnae Hindmarch and Ms Tamara Hay and welcome them to our school as well. They also bring enthusiasm, knowledge and know our school very well. Please also find attached to the newsletter staffing for 2018. We have listed the positions within our school and we hope that this will be helpful to you and we have also included a map.

I look forward to a very focused year on learning for our students!

**Kindest Regards,
Lyn Fraser
Principal**

Staffing for 2018

Below is also an overview of staffing for 2018.

This year our class structures are as follows and teachers are indicated.

Kinder Red	Ms Brooke O'Hara
Kinder Yellow	Mrs Di Monds
Year 1 Violet	Mrs Bronwynne Maher
Year 1 Pink	Mrs Liz Boyd/Miss Tamara Hay
Year 2 Indigo	Ms Jennie Lang
Year 2 Green	Mrs Jennifer Cummins/Mrs Tahnae Hindmarch
Year 3 Silver	Mr Brendon Hartley
Year 3 Copper	Mrs Kylie Ellis
Year 4 Bronze	Mrs Michelle Friend/Miss Jade Edwards
4 Emerald	Ms Simone Fait
4/5 Platinum	Mrs Vicki Bywater
Year 5 Crimson	Mrs Amelia Hawker
Year 6 Sapphire	Mrs Catherine Wilson
Year 6 Turquoise	Mr Geoff Boniface
1/2 Aqua	Miss Maria Howard
2/5 Magenta	Mrs Coleen Lui/Mrs Rachel Matthies
5/6 Colbalt	Mrs Julianne Smith

Other teaching roles in the school are as follows:

Reading Recovery (RR) and

Release from Face to Face (RFF)

Mrs Moira Menz

Support Teacher Learning Assistance (STLA)

Mrs Alison Thomson

Library and Release from Face to Face (RFF)

Mr Jim Harvey

Release from Face to Face (RFF)

Miss Anna Barnes

Assistant Principals

The Assistant Principals make up the Executive Team and are each responsible for a stage teams. Please note that due to our decrease in enrolments, we have one less Assistant Principal from this year onwards.

They are also available to help you with any concerns and are as follows:

Early Stage 1 and Stage 1 — Kindergarten, Year 1 and Year 2

Mrs Liz Boyd

Stage 2 and Stage 3 — Years 3, 4, 5 and 6

Mrs Chris Beard

Support Class Unit

Miss Maria Howard

The Executive Teachers (i.e. Assistant Principals) and Office Staff, General Assistant are supervised by the Principal.

The Executive Team assists with the running of the school with the Principal and may relieve for the Principal throughout the year. **Please note they are always available to assist our whole community and not just those in their stage team.**

Office Staff

School Administrative Manager

Mrs Christine O'Grady

School Administrative Officer

Mrs Susan Jenks

Mrs Michelle Jackson

Mrs Kerry New

School Learning Support Officer

5-6 Cobalt Support class with Mrs Smith, Mrs Di Green

1/2 Aqua Support class with Ms Howard: Mrs Julie Eckler

2/5 Magenta Support class with Mrs Lui: Mrs Ros Plater

School Learning Support Officers

(casual positions – assists with special needs students)

Mrs Leanne Purnell, Mrs Susan Jenks, Ms Renee Barrett, Ms Rachel Carson and Mrs Kylie Deas

Christine O'Grady as School Administration Manager overseas the running of the office and day to day supervision of office staff.

Mrs Leanne Sathiah is our School Counsellor who works every Tuesday and Friday and some Mondays.

Mr Christopher Sattler is our General Assistants who looks after our school grounds/maintenance. Julie Tozer and Connor Rawlings are our School Cleaners.

Staffing Update

We welcome two new permanent staff members Mrs Jennifer Cummins and Mrs Amelia Hawker.

Lyn Fraser

Principal

THANK YOU 2017 STUDENT LEADERSHIP TEAM

Our 2017 Student Leadership team held playground activities at lunchtime and afternoon tea. With help of the school, the student leaders managed to raise \$700 to spend on playground equipment. With this money we have been able to purchase 6 egg and spoons, 6 jumping sacks, 6 ball skippers, 6 ribbons, 6 skipping ropes, 12 tubs of playdough, 6 sets of scoop ball and 6 trucks. The 2018 leadership team is looking forward to hosting playground activities using the new equipment starting in **Week 4**.

Indy Jackson and Eve Jones
2018 Student Leaders



School Information and Procedures

I have listed below a reminder of procedures for current families but especially for our new school members. If you need any clarification please feel free to phone our office staff or pop into the office personally.

Newsletter

Our school newsletter is published fortnightly on Wednesdays, and it is distributed electronically. If you have not already subscribed to our school newsletter, please do so as soon as possible. Excursion notes will be distributed to each child but we ask if you require an additional note, please download one from our school website, where all notes and newsletters can be accessed. The information regarding the electronic process is attached to this note.

Absences

When a student is absent from school, a phone call on the day of the absence is required to the school. If a call has not been received by approximately 10am, a school administration staff member will phone the parent in regards to the absence. In the case of a known absence (eg. a holiday), a request in writing is to be submitted to the Principal. Forms are available at the office and this is a legal requirement. A specific reason for absence is required by office staff eg. sick with vomiting.

Attendance: Early Leavers/Late Arrivals

Parents wishing to pick up their children before normal school finishing time must collect a pass from the office. This pass is then given to the class teacher when a parent collects their child from the classroom. Children will not be released from class without this pass. Alternately, all students who arrive late for school must report to the front office with their parent to collect a late pass. This pass is then taken to the class teacher.

Late arrivals and early departures are marked as partial student absences in our roll marking system. Prompt arrival at school is encouraged to ensure the best start to the learning day.

Money Collection Procedure:

The Magpie Box

We implemented this procedure to assist with smooth money collection for parents, teachers and office staff. We thank parents and carers for their excellent support with our Magpie Box. For all new families, we have a black security box located on the wall next to the office entrance on the verandah called the Magpie Box. All students are to deposit all money before the bell each morning. Parents can utilise the box also at any time during the day. Once receipted, the excursion permission note and the receipt will be returned to class teachers. Each class teacher retains the permission notes and the receipts will be returned to parents. To ensure efficient processing of money, please ensure that envelopes are clearly labelled with the following: Student Name, Class, Excursion Name, Amount Enclosed. Unfortunately change cannot be given at the office and money is not kept on the office premises. Thanks for your support with this ongoing procedure. We now also have POP—Parent Online Processing (information attached).

Uniforms and Clothing Pool

Our school uniform shop is open Tuesday 9am to 10.00am each week and is located in the brick building adjacent to canteen. If you are unable to make it to school at these times, you can leave your completed order form in the office to be filled at one of these times. Paid orders can then be sent home with your child. Order forms are available in our office and on our website. Our volunteer parents do a wonderful job with this – thank you to Catherine Whittaker and Melissa Whishaw for their leadership.

Pre loved uniforms are also available from school. They are located in

the uniform shop. If you have any school uniforms you would like to donate to the clothing pool, please drop them off to the school office.

P & C Meetings

P & C Meetings are held on Tuesday evening in Week 3 and Week 7 of Term 1, 2 and 3 and in Week 3 of Term 4 at 7.30pm in the staff room. Access to the school on these evenings is via View Street and the back door of the admin building which leads directly into the staffroom. Our AGM in Week 3 though begins at 7.00pm followed immediately by our normal P & C Meeting.

Combined Assemblies

Whole school assemblies are held each term in Week 5 and second last week of term on Wednesday at 12.10pm in the hall. Parents are welcome to attend to celebrate student achievements.

Anaphylaxis (Severe Allergic Reaction) Awareness

Picton Public School has a number of students who are anaphylactic. This is a serious life threatening reaction (which could result in death) to specific food products, especially nuts and also eggs and dairy products.

To directly support our students Picton Public School does not stock peanut products in the canteen and asks for your support by asking all parents and carers not to provide their children with peanuts or peanut products e.g. peanut butter or nutella sandwiches etc.

Your cooperation in this is greatly appreciated to help ensure the safety of all our students at all times. When anyone attends our school this is also one of the notes parents and carers fill in to support our students. Thank you for continuing the support of our anaphylactic students. Each year staff complete Anaphylaxis training to support our students.

Email Subscriptions –

iPhone, iPad and Android Apps

We are pleased to inform you that you can now subscribe to receive newsletters, notes and year specific information via email and also access these via an app for your iPhone, iPad and Android devices.

Our newsletter day is usually Wednesday.

Subscribe for email updates

- * Visit our website at www.picton-p.schools.nsw.edu.au
- * Click the “Newsletters and Notes” heading (top menu on the right)
- * Click on “Subscribe to receive newsletters and notes.”
- * Under the “Subscribe” heading, tick on the “Newsletters List” and the appropriate year lists
- * Enter in your name and email address.
- * Click Subscribe

IMPORTANT: An email will be sent to your email address, you **MUST** click the “Activate Now” inside this email that is sent to you.

Get school news via an app on your mobile and tablet (FREE for parents)

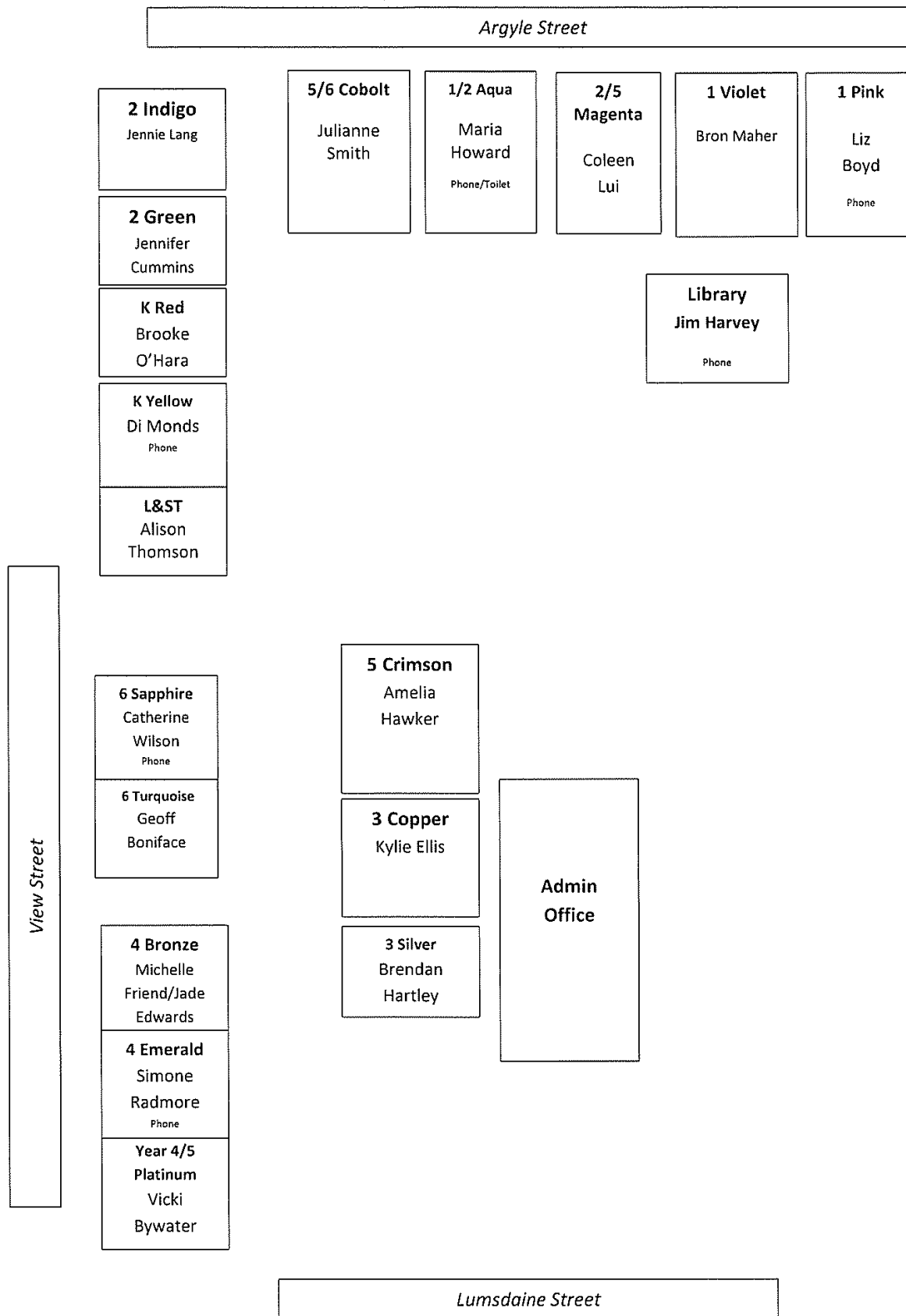
iPhone and iPod Touch app:

[See instructions attached.](#)

If you have any questions regarding these changes, please contact the office on 4677 1497.



Class Locations for 2018



Compulsory School Attendance in NSW Schools

Under the Education Act (1990) all children from six years to seventeen years of age are legally required to attend school every day. Recent changes to attendance requirements place obligations on schools to more closely monitor attendance and to take appropriate action if students are either not attending or are absent for reasons not justified by the school.

At Picton Public School, we value good attendance from all students. Regular attendance is important because it helps your child:

- Maximise their learning opportunities
- Develop the skills needed to access the world of work and other opportunities
- To learn the importance of punctuality
- Maintain healthy social relationships with their friends
- Develop a good working relationship with their teachers

Unfortunately habits of non-attendance tend to develop quickly and it is concerning, that if a child misses just 8 days a term, they would miss more than one year of schooling by the end of primary school which then presents problems as they begin high school.

The law requires that if your child is absent from school, you must inform the school as soon as possible and provide a legitimate reason for your child's absence. This can be done by

- Sending a note on your child's return to school
- Contacting through email, phone or fax
- Visiting the school

Parents / Caregivers should note that schools are required to record absences that are unexplained or unjustified and may also be required to report these to various welfare agencies, who may choose to follow this up with parents.

Your child's education is important. Please contact the school if there are problems in getting your children to school or if there are concerns you have about them at school. A positive partnership between home and school in this area is of great value to the school but most importantly to the success and quality of your child's education

Kristen Kable
Home School Liaison Officer
Picton Public School

**NOMINATION FOR 2018 EXECUTIVE POSITION
ON THE PICTON PUBLIC SCHOOL P & C ASSOCIATION**

I wish to nominate _____ to stand for election for the executive position of President*/Vice President*/Secretary*/Treasurer*.

(*please delete positions not applicable) to be determined by majority vote at the

Annual General Meeting to be held on Tuesday 13th February 2018.

Nominated by: _____

Nomination seconded by: _____

-----Please tear along line-----

Please read the following guidelines:

All 2017 positions are declared vacant at the commencement of the AGM.

You must be a financial member of the P & C prior to the AGM to accept nomination for a position or be able to vote. Please forward your membership fee of 50c if you have not already done so (or it can be paid on the night).

If you are standing for nomination for a position, you MUST attend the AGM to formally accept your nomination.

Please return all nomination forms marked: **Confidential**
The Principal
P & C AGM Nomination"

to the school office prior to 3pm, Monday 12th February 2018.

Want to become a member of the P&C?

We keep meetings short and to the point as we know your free time is limited. We start at 7.30pm and try to be out by 9.00pm if possible depending on the items tabled for discussion. All you need to do is pay 50c membership and you can come along to meetings and have voting privileges. Hope to see you at a meeting soon. We meet on the 3rd and 7th Tuesdays of the term in the Admin Block.

P & C MEMBERSHIP APPLICATION/RENEWAL

Your name: _____

Your child's name and class (for receipt purposes): _____

Email (to receive minutes): _____

Please return this form and 50c to the Magpie Box on the front verandah marked P & C Membership.

Thank you!

First P & C Meeting 2018

Set the date in your diary for next year! Our first P & C Meeting will occur on:

Tuesday 13th February 2018

Annual General Meeting: 7.00pm: Election of Office Bearers

**7.30pm: Normal P & C Meeting commences
immediately after the AGM, at approximately 7.30pm.
Please note it may be earlier if the AGM finishes earlier.**

Meetings are held in Week 3 and 7 of each term, except Week 3 only of Term 4.

THE CONVERSATION

Academic rigour, journalistic flair



Back-to-school anxiety? Here are seven simple solutions

September 1, 2017 10.20am AEST • Updated January 9, 2018 2.53am AEDT

Understanding the source of child anxiety is important. Some fears may be easily soothed; others, such as fears of bullying, may require adult intervention. (Shutterstock)

As school starts up again this week, many children will return with excitement, happy to be reunited with teachers and friends.

Others will experience anxiety about this change in routine and the challenges offered by the school day. Sometimes this anxiety might become intense, or persist longer than is healthy.

The good news is that most young people adapt well and their anxiety reduces to normal levels within the first month of school. As a former teacher, and an educational psychologist, I can offer parents a few suggestions to help this adaptation happen faster.

1. Understand the anxious brain

From birth to age 11 or 12, children's brains grow dramatically and neuronal connections are made rapidly. This allows them to learn from many sources and amass important knowledge and skills

Author



Michael Lee Zwiers

Assistant Professor Educational Psychology, University of Calgary

(think about learning to talk, read, write and socialize). After that, the focus of brain development turns to consolidating and integrating learning while they gain a fuller understanding of the world and how they fit into it.

Whatever stage they are in, children and adolescents are reaching out to explore the world around them, embracing new experiences and facing challenge and change. These new experiences carry with them uncertainty, which has the potential to provoke anxiety.

In its purest form, anxiety is adaptive and helpful. It alerts us to potential risks in the environment around us, helping to ensure that we look before we leap. It keeps us close to those who will protect us. Unfortunately, the brain's alarm system can become over activated and trigger anxiety in unnecessary circumstances, or evoke excessive anxiety that keeps us from doing things in normal daily life.

2. Get a good night's sleep

Excitement and anxiety can affect sleep. Getting a good night's sleep is important in helping us cope with stress. Some children get so worked up that they cannot sleep the night before school, or they wake up early.

In the evening, acknowledge your kids' excitement about school, then try some warm milk (which releases tryptophan to help with sleep). Tuck them into bed to read a familiar story that might even be a little boring. Soft lighting and gentle music can also help. Melatonin is a natural substance that makes them feel sleepy, which can be used for a few nights if needed (consult a pharmacist). Bedtime routines are helpful. And electronics with screens should be shut off 90 minutes before sleep.

3. Talk about morning anxiety

Anxiety can present as tummy aches and tears, as well as irritability and avoidance of going to school. It is important to talk with your child about their worries and fears. But do not give in and let them stay home unless there is a really good reason. Staying at home will only reinforce their anxiety and make it worse in the end.

4. Help kids transition

It is normal for young children to experience some separation anxiety, especially if they have not previously had the chance to attend daycare or day camps. In this case, you might need to accompany them to the door of the school or classroom to help them transition to the teacher.

Sometimes, it helps to have another child with them. Your child can meet with their friend before school or even travel to school together, an approach that works well with older children and youth.

5. Figure out the worries

Ask your child what they are worried about. Once you have found out the cause or trigger for the anxiety, you can take steps to respond. Work together with your child to develop a plan that will help them be successful.

Sometimes problems will require adult intervention. The last thing you want to do is send your child off to school when they have real worries about being bullied or physically hurt by peers who have threatened them. Similarly, some youth can feel threatened by certain teachers or school staff who may not be respectful or sensitive to their needs. Of course, the anxieties may be exaggerated or unfounded but real problems should never be dismissed.

6. Deal with your own anxiety

Parental anxiety can affect children. It helps if you talk to your partner or trusted friends about your anxiety. Is this your first child starting school? Try to connect with a more seasoned parent who can help make your journey easier.

7. Know when to consult a specialist



There are some types of anxiety that are more severe and require specialized support and treatment. It is important not to let these run on for too long without intervention, as these types of anxiety tend to persist if they are not treated. Anxiety also tends to run in families.

Generalized Anxiety Disorder is characterized by frequent worrying about many topics and situations (including worrying about family members, peers and schoolwork) that provokes an impairing anxiety response. Separation Anxiety Disorder is characterized by marked anxiety at separation from significant adults.

Social Anxiety Disorder is characterized by significant and impairing anxiety and self-consciousness in social situations, which can make it hard to talk or eat in groups. Panic Disorder (rare before age 13) is characterized by an unexpected adrenaline pulse that provokes a strong physiological anxiety response, which can make it difficult to stay in enclosed or public spaces.

Though it is common to experience some anxiety during the first month, most children will make a successful transition. If anxiety continues beyond that, you might need to consult with a specialist such as a child psychologist or pediatrician. An excellent resource that is useful for both transitional anxiety and clinical levels of anxiety is the book *Keys to Parenting Your Anxious Child*.

Help your children to prepare, then you can enjoy the first weeks back at school just as much as your children do!

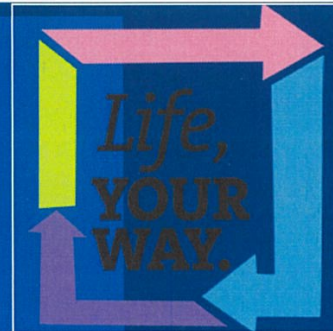
 [Sleep](#) [Child development](#) [Anxiety](#) [Panic disorder](#) [Social anxiety disorder](#) [School](#) [Parents](#) [Screen time](#) 

[Separation anxiety](#) [Childhood anxiety](#) [Back to School 2017](#) **The Conversation is a non-profit + your donation is tax deductible. Help knowledge-based, ethical journalism today.**

Questions about the NDIS? Don't put your NDIS plan in the bottom draw! Come talk to us.

The NDIS is a new way of supporting people with disability however the process can be difficult to understand for some.

- Do you need assistance?
- Are you struggling to understand your plan?
- Or are you just confused?
- Do you want clear information and somewhere to start?
- Are you aware of what services you can have with your plan?
- Do you know who you can talk to

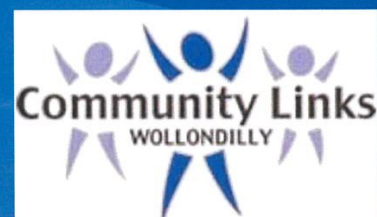


Community Links Wollondilly can provide a one off information session to anyone who is applying for an NDIS package, or anyone who finds the whole process confusing and needs information. Community Links Wollondilly is a registered NDIS service provider and can provide one off information sessions free of charge. A support coordinator from Community Links Wollondilly can assist with getting you started on your journey with the NDIS with no obligations. However, we can also offer other NDIS registered services other than support coordination such as allied health, exercise physiology, and behaviour management

www.communitylinks.org.au

Email: carmel@communitylinks.org.au

Phone: 46832776 Or 46556947



BEHAVIOUR CODE FOR STUDENTS

NSW public schools are committed to providing safe, supportive and responsive learning environments for everyone. We teach and model the behaviours we value in our students.

In NSW public schools students are expected to:

- ☐ Respect other students, their teachers and school staff and community members
- ☐ Follow school and class rules and follow the directions of their teachers
- ☐ Strive for the highest standards in learning
- ☐ Respect all members of the school community and show courtesy to all students, teachers and community members
- ☐ Resolve conflict respectfully, calmly and fairly
- ☐ Comply with the school's uniform policy or dress code
- ☐ Attend school every day (unless legally excused)
- ☐ Respect all property
- ☐ Not be violent or bring weapons, illegal drugs, alcohol or tobacco into our schools
- ☐ Not bully, harass, intimidate or discriminate against anyone in our schools

Schools take strong action in response to behaviour that is detrimental to self or others or to the achievement of high quality teaching and learning.

Behaviour Code for Students: Actions

Promoting the learning, wellbeing and safety of all students in NSW Public Schools is a high priority for the Department of Education and Communities.

We implement teaching and learning approaches to support the development of skills needed by students to meet our high standards for respectful, safe and engaged behaviour.

Respect

- ☐ Treat one another with dignity
- ☐ Speak and behave courteously
- ☐ Cooperate with others
- ☐ Develop positive and respectful relationships and think about the effect on relationships before acting
- ☐ Value the interests, ability and culture of others
- ☐ Dress appropriately by complying with the school uniform or dress code
- ☐ Take care with property

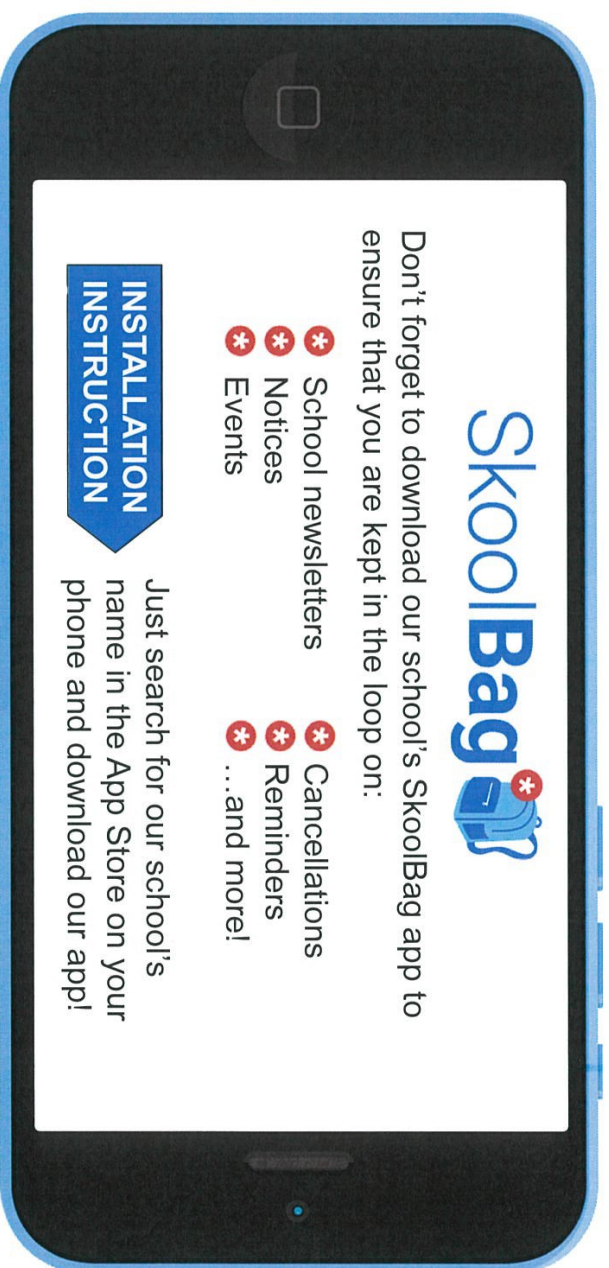
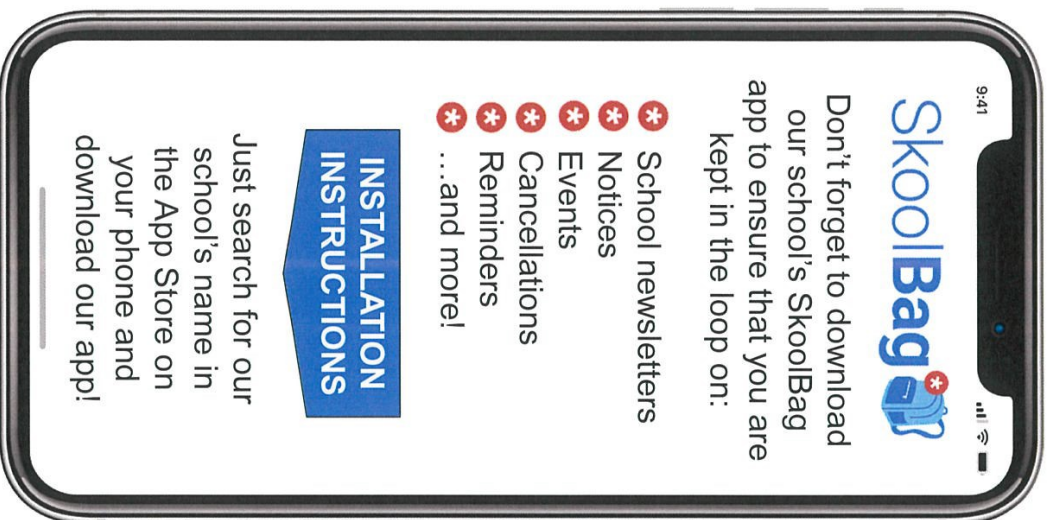
Safety

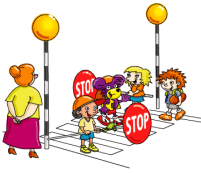
- ☐ Model and follow departmental, school and/or class codes of behaviour and conduct
- ☐ Negotiate and resolve conflict with empathy
- ☐ Take personal responsibility for behaviour and actions
- ☐ Care for self and others
- ☐ Avoid dangerous behavior and encourage others to avoid dangerous behaviour

Engagement

- ☐ Attend school every day (unless legally excused)
- ☐ Arrive at school and class on time
- ☐ Be prepared for every lesson
- ☐ Actively participate in learning
- ☐ Aspire and strive to achieve the highest standards of learning

The principal and school staff, using their professional judgment, are best placed to maintain discipline and provide safe, supportive and responsive learning environments. The department provides a policy framework and resources such as Legal Issues Bulletins, access to specialist advice, and professional learning to guide principals and their staff in exercising their professional judgment. In this context the NSW Government and the Department of Education and Communities will back the authority and judgment of principals and school staff at the local level.





STUDENT SAFETY REMINDERS



- Please note the **staff car park is out of bounds for students and parents, IT IS NOT A WALK WAY.** Our students taxi service uses this gate as well as staff. Please do not enter or exit the school using the car park gate to ensure the safety of everyone.
- Please be extra careful when students are getting into and alighting from vehicles. Keep our students safe by keeping them off the roadway and do not call them across the roadway.
- Buses are very hectic at the beginning and end of the day. Please park appropriately and not in a bus zone and be aware of buses enter and exiting.

THANK YOU FOR YOUR ONGOING SUPPORT TO KEEP OUR STUDENTS, FAMILIES, STAFF AND OUR WIDER COMMUNITY SAFE AT ALL TIMES.

BOOK CLUB

Dear Parents/Carer,

Welcome back to a new year of Bookclub. We were very fortunate last year to be able to purchase some wonderful Scholastic Reading Boxes with the points from student book ordering. So thank you to all parents who contributed to our Bookclub Program.

A huge thankyou must go to Natali Turnbull for the considerable time she spent here at Picton Ps bundling up book orders for our students. This takes a couple of hours for each order. Natali is in her last year at Picton Public as her son goes off to high school next year. We are looking for volunteers who might be interested in helping this year and taking on the role for next year. If you feel you might be interested, please let me know via the office.

Scholastic is currently updating all our class and student information. This should be done in the next few weeks. Once this is done the new brochures will be sent home with the students.

We look forward to another wonderful year of reading through Bookclub.

We will be continuing this year with Bookclub through the online Loop Ordering process at Scholastic. (This **means no money will be taken by our school office. All orders are online**). Please be patient as Scholastic are still uploading all the students names to their system, so your child may not be on for a few days.

The first order Issue 1 will be open soon. Students will receive their brochures within the week. **All orders for issue 1 will close on the 20th February**. This Issue is quite short for ordering time so get your orders in as there are some wonderful book specials in this brochure.

Please see attached website below as to how to access the Loop Ordering

The link to find the Loop Ordering system on Scholastic is www.scholastic.com.au/LOOP

Happy reading to you all!

Alison Thomson

Bookclub Co-ordinator



Safe Respectful Learner Awards

Our award system is known as the SRL Award System.

The underlying purpose of the program is Safe, Respectful Learners in an equitable way whilst promoting independence and goal setting. The onus is on students to collect their awards and take responsibility for handing them in to receive a certificate or pin/badge. All awards handed in are tallied by Ms O'Hara. They will be stamped on the back and returned.

Awards My Child Can Earn:

- **Leadership Awards** are awarded both in the classroom and playground, targeting cooperative behaviours and independent leadership. When 4 Leadership Awards received, they need to be placed in a ziplock bag clearly labelled with child's name and class to be placed in the Magpie Box.
- **The Safe Respectful Learner (SRL) Award** is received during weekly or fortnightly assemblies. When 4 SRL awards received, they need to be placed in a ziplock plastic bag clearly labelled with the child's name and class to be placed in the Magpie Box.
- **SRL Badges** are small pins that students can wear everyday celebrating their achievements as Safe, Respectful Learners.

When 4 Leadership Awards have been received, they are handed in to receive an SRL Award.

When 4 SRL Awards (ie a total of 4 awards) have been received, they are handed in to receive a Special Award. Special Awards are received for:

Small gold SRL Certificate received for 4 SRL Awards – presented at weekly/fortnightly assemblies

Large gold SRL Certificate received for 8 SRL Awards – presented at Combined Assemblies

Small gold SRL Certificate received for 12 SRL Awards – presented at weekly/fortnightly assemblies

SRL Badge received for 16 SRL Awards – presented at Combined Assemblies

*Please Note: Only unstamped Leadership & SRL Awards need to be placed in the Magpie Box.
(Gold Certificates do not need to be handed in.)*

This is a continuous system. Once a badge has been received the children continue to hand in awards, working through the system again to receive further certificates and a banner.

Yours sincerely,

Brooke O'Hara
Awards Coordinator

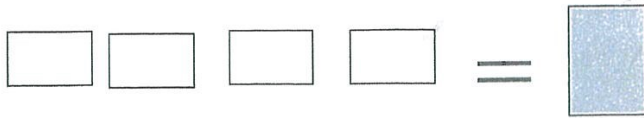
Lyn Fraser
Principal



Safe Respectful Learner Award System

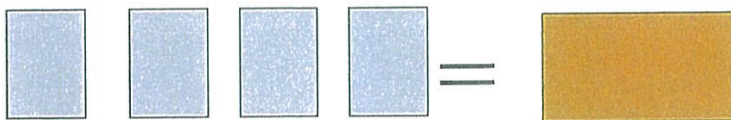
Leadership Awards. Presented in class.

Place in Magpie Box when you have received 4 awards

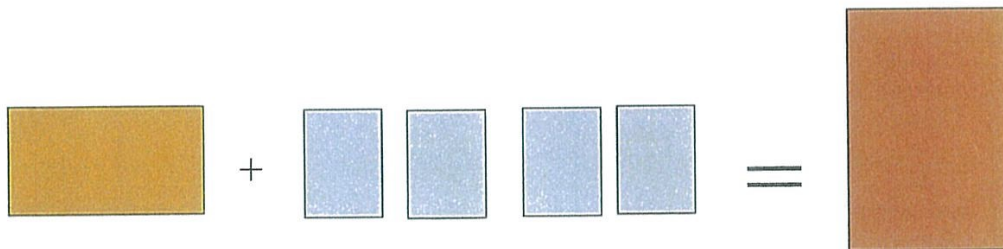


SRL Awards. Presented at stage assembly.

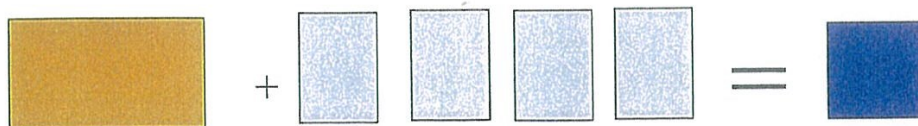
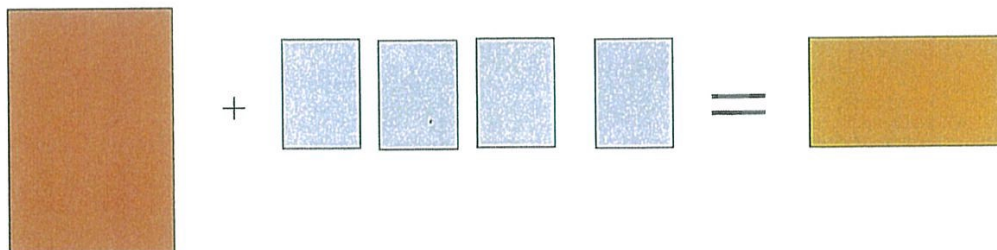
To be placed in the Magpie Box when you have received 4 awards.



Small Certificate of Excellence (gold). Presented at stage assembly.



Large Certificate of Excellence (gold). Presented at Combined Assembly



SRL Badge - Presented at Combined Assembly

POP PAYMENTS

Update for all Schools using Parent Online Payment

I am pleased to advise that POP is now user friendly on mobile devices.

Behind the scenes Westpac has been working on an upgrade to the Parent Online Payment webpage attached to the school's website. In the past using the '\$ Make a payment' page through a mobile device or tablet has not been as easy as on a computer. Now, automatically, when parents click on this page, via a mobile device, they will be able to complete the online form with ease.

You may wish to provide this information with parents in any correspondence going out to parents over the next few weeks.

Did you know that you can make payments to your child's school online?

We have launched a new online payment portal linked to your school's website to make it easier for you to pay for school related payments. This is a secure payment page hosted by Westpac.

What expenses can be paid online?

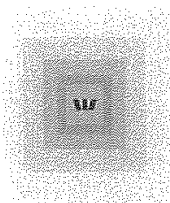
- Voluntary School Contributions
- Subject Contributions
- Excursions
- Sport
- Creative and Practical Arts
- Sales to Students
- Other

When?

This payment method is now live.

How?

Log onto School site at <http://www.picton-p.schools.nsw.edu.au/>. Click on "Make a Payment" and follow the prompts to make a payment via Visa or MasterCard.



Managing Challenging Behaviours Collaboratively

The popular programme developed by Dr. Steve Walker, Brief Therapy Solutions

Workshops for parents with children diagnosed with ADHD, Oppositional Defiant Disorder (ODD), Conduct Disorder (CD) or challenging behaviours

What you will learn....

- ♦ Child development and the link to seriously challenging behaviours
- ♦ How to look for and identify lost skills in your child
- ♦ Parents as partners in managing behaviour
- ♦ Strategies to reduce outbursts
- ♦ How to make a difference in your child's challenging behaviour

Next workshop series commences in February 15th 2018

Dates Every Thursday from 15th February 2018 to 6th April 2018.

Venue Tahmoor Community Centre, 6 Harper Close Tahmoor.

Time 6.30pm to 8.30pm

Presenters Carmel Flavell - Manager Quality and Inclusion (Master Child/Adolescent Welfare, BA (Socio/Women's Studies and Certificate IV in Training and Assessment) and Nicole Humphries - Casework Team Leader, Family Support - Wollondilly/Camden (Bachelor Social Science (Social Welfare)).

There is no fee charged for this course. All sessions need to be attended; there is NO childcare available for these workshops. Please call Nicole at Community Links Wollondilly on **4683 2776** to book your place. Please note these workshops are not for people employed in the sector, it is for parents and carers only.



UPCOMING SPORTING REGISTRATION DETAILS



"Hey Girls"

- Want to have fun
- Want to be part of a team
- Want to keep fit
- What about joining an all-Girl soccer team

Picton Rangers Football Club, under 12 Girls,
are looking for new players for the
2018 season.
(Rego is now open)

If you're interested in playing, or getting some information about playing,
please call Tiffany on 0437 292 773 or Jo on 0412 245 445
or go to www.pictonrangersfc.com.au

Give Netball a go in 2018!

Jarvisfield Netball Club has teams for all ages

Registrations: Tahmoor Netball Courts - Saturday
3rd February between 9am-12pm

Picton Primary School - Monday 12th February
between 3.30-4.30pm.



The winter season is starting soon, games are Saturday
mornings at the Tahmoor sports ground.

Fees: Seniors -18 & over \$185

Juniors 10-17 yrs \$165

Nest set go 5-9yrs \$ 100

PWD: \$70 Non-player: \$50

If you can't make it there please contact the Club.

Danielle 0414306771 Alison 0412624416 Donna 0411485489

Email: jarvisfieldnetballclub@gmail.com

Jarvisfield Netball Club, PO Box 63 Picton NSW 2571

Look for us on Facebook @ Jarvisfield Netball Club



Picton Rangers Football Club 2018 Registration Day

Saturday 10th February

12pm to 2pm

Hume Oval Downing Street, Picton

Information day for all ages from
Under 6—Over 35s

Online registrations
NOW OPEN